

# eCare Senior Care: Demystifying Diabetes and Its Treatment

\*\*\*An e-learning course available on the Avera Portal\*\*\*

**Purpose:** Diabetes is a common diagnosis. Per the American Diabetes Association, 34.2 million people, or 10.5% of the U.S. population, have diabetes. Additionally, the percentage of Americans age 65 and older remains high at 26.8%, or 14.3 million seniors. This course will review pathophysiology of diabetes, types of insulin and actions, and management of the diabetic patient both hypo- and hyperglycemia.

**Objectives:**

- 1 Identify signs and symptoms of hypo- and hyper-glycemia.
- 2 Differentiate various types of short and long acting insulin.
- 3 Describe rationale for blood sugar timing and insulin administration.

**Outcome:** Demonstrate knowledge of diabetes management and treatment options by passing post-test with score of  $\geq 80\%$ .

**Target Audience:** Physician, APP, Nurse

**To successfully complete this activity you must:**

- View the entire online content
- Pass posttest with  $\geq 80\%$ .
- Complete evaluation

Avera is accredited by the Accreditation Council for Continuing Medical Education™ to provide continuing education for physicians. Avera designates this educational activity for a maximum of **0.75** AMA PRA Category 1 Credit per session.

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**Policy on Disclosure:** Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance to this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
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Robin Arends, Dnp, Cnp, Fnp-Bs, Faanp	Content Expert - Committee Member, Faculty	No Disclosure
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Enduring material available from 4/19/2021 to 7/1/2022

This course content was reviewed on 4/10/2021.

